
Welcome to Donna's Calendar!

**News of Upcoming Performances,
Coaching, Seminars, Retreats, Speaking Engagements,
Music and More!**

Thank you for being here!

Specific dates and events begin on page 4.

**New updates are added periodically, so please continue to check the website
“CALENDAR” page for additional information.**

Here's an overview of what's been happening as well as upcoming events...

Donna's private practice in forgiveness coaching and ministerial/spiritual counseling continues to keep her very busy. As an ordained minister and certified Radical Forgiveness coach, she has many individual clients, nationwide and internationally. She's been devoting time to creating new materials in support of her **Possibility Programs—Live Your Limitless Life!** series as well as writing and recording new music. During the spring and summer months, she traveled to Denver, Los Angeles, and Mobile, Alabama, sharing music, conducting workshops, and speaking. She is available for individual coaching/counseling as well as for speaking engagements, retreats and workshops, and for music and improvisational dance performances. Call (615) 383-4989 or email info@donnamichael.com to learn more.

EmPowerTalks!

Donna offers an exciting series of short five-minute inspirational messages called “**EmPowerTalks**” that she shares at spiritual centers, conferences, and special events. Contact our office to learn how five minutes can change your life forever!

NEW Workshops, Retreats, & More...

Donna is offering several new workshops including:

- **“The Forgiveness Factor—Finding Freedom from the Burden of Beliefs”**
- **“When Forgiveness Finds You”**
- **“Soul Maps—Claiming Your Path of Passion and Possibility,”**
- **“Somewhere in the Silence—The Courage to Listen.”**

In addition, **there are also new music chant workshops and retreats!** She is available to work with you as a private forgiveness coach and spiritual counselor (in person and via telephone and Skype) and continues to offer new options as part of her “**Possibility Programs—Live Your Limitless Life!**” series. She facilitates Radical Forgiveness seminars and ceremonies and she offers special retreats focusing on spiritual growth, healing and well-being. More information on all of these options is available at the end of this calendar. Call (615) 383-4989 or info@donnamichael.com to learn more.

Music and Music Production...

Donna's CDs and songbooks are perfect for healing, inspiration, creativity, meditation and wellness. She conducts Taizé meditation services, and her sing-alongs and chants are widely used at spiritual centers, conferences and retreats throughout the country. You may wish to watch the videos from www.HarmonyRecords.org to see and hear examples of how Donna's music can be a part of your church, conference, and personal life!

As the creator of Quarterlight Productions in Nashville, Donna and her husband, Jim Corrigan, own and operate **Heartlight Studio**, a state of the art facility. The two have recorded and produced many talented New Thought artists, and a newly added feature is video production. Their studio served as the location for the filming and recording of many live performance artists' videos for www.HarmonyRecords.org. (Donna is also represented by Harmony Records.) To learn more, visit <http://www.heartlightstudio.com/>.

See and hear Donna on YouTube Videos!

As an artist on www.HarmonyRecords.org, Donna is featured on several new videos. Her deeply moving live performance of **"God Is Holding Me"** and the crystal-quiet peace of her "stream-of-consciousness" **"Sacred Silence"** piano meditation offer experiences of inspiration, hope, renewal and healing as you listen. She also accompanies fellow artist and co-writer Gregory Fisher on their collaboration **"That's When the Light Shines Through."**

"God Is Holding Me"

http://www.youtube.com/watch?v=QR2NVRqRic8&feature=player_embedded

"Sacred Silence"

http://www.youtube.com/watch?v=boPUkBtYq5g&feature=player_embedded

"That's When the Light Shines Through"

http://www.youtube.com/watch?v=blGz7k1P4uw&feature=player_embedded

Watch "A Light In This World" Video on YouTube!

A beautiful video can be seen on YouTube.

Go to <http://www.youtube.com/watch?v=NKdcelU4DFc>

The soundtrack is Donna's well-known sing-along **"A Light in This World"** (from her **"Into the Light"** CD).

This wonderful video was created by Janet Carol Ryan of California

<http://www.janetcarolryan.com/>

SPECIAL MUSIC PACKAGES YOU CAN ORDER

Donna has combo packages of CD collections available for special prices—
available only from our office via phone or email. See below for info.

MEDITATION MUSIC

- Donna's meditation CD, *When Silence Whispers*, is available and can be purchased with *Somewhere in the Silence* at a special price.

COMBO PACKAGES (Vocal and Instrumental)

- More special combination packages of groups of CDs may also be purchased at great prices: Instrumental CDs, Vocal CDs, Chant CDs.

SONGBOOK PACKAGES (with CDs)

- Donna's 2-disc song chant CD, *Out of the Darkness*, is available with accompanying songbook in a specially priced package!
- Two of Donna's chant CDs, *"Into the Light"* and *"One Mind One Heart"* are available in a special *Volume I Songbook* songbook package!

NOTE: Digital copies of the songbooks and MP3s of tracks may be ordered.

INDIVIDUAL SONGBOOKS (without CDs)

- Individual songbooks with lead sheets and lyrics can now be ordered directly from Quarterlight Productions in Nashville or from Donna's website. Visit our **SONGBOOKS** page for more information.

Contact our office directly to learn more.

Email: info@donnamichael.com or call 615.383.4989.

- Visit the **CD STORE**, **HER MUSIC**, or **LISTEN** pages to listen.
Donna has 10 CDs and more on the way!

OTHER WAYS TO LEARN MORE...

Check out Donna's NEWS & UPDATES Page!

Visit the News & Updates page on Donna's website

Become a friend on Donna's Facebook page!

Visit Facebook to find Donna!

Visit Donna's MySpace Page!

Paste this link in your browser

<http://www.myspace.com/donnamichaelmusic>

Calendar

Seminars, Events and Performances

******(Denotes open to the public)

Donna is spending the fall months working on new music and additional materials for her Possibility Programs—Live Your Limitless Life! series.

Additional dates and events continue to be added—please check back)

OCTOBER 2011

****October 17, Monday**

Spiritual Friends Networking Lunch Meeting

Featured Speaker

“SoulSongs—Everyday Empowering Ways to Write and Use Song Chants for Inspiration and Healing”

Learn how easy it is to create and inspire others (and yourself!) through the power of simple song chants as we explore techniques for expressing the songs of your soul! No musical experience necessary—if you can sing a nursery rhyme, you can do it! We'll give voice to our affirmations and prayers—and find out how to use this gift as we help others through spiritual service.

Glendale Methodist Church

11:30-1:00 p.m. (Bring your own brown bag lunch, beverages provided)

900 Glendale Lane

Nashville, TN 37204

www.glendale-umc.com for directions

NOVEMBER 2011

(Additional dates and events may be added)

****November 11, Friday**

Positive Music Concert Benefit

Donna will be part of a Positive Music benefit for Joel and Rhonda Akins and their granddaughter, Serenity Luna

Center for Spiritual Living Nashville

7:00 – 9:00 p.m.

6705 Charlotte Pike

Nashville, TN 37209

(615) 356-0174

www.cslnashville.org

DECEMBER 2011

(Additional dates and events may be added)

****December 4, Sunday**

Unity of Nashville

Featured Speaker

9 a.m. and 11 a.m. services

5125 Franklin Pike

Nashville, TN 37220

www.unityofnashville.com

****December 14, Wednesday**

Center for Spiritual Living Nashville

7:00 p.m. Service

Taizé Meditation Service:

*“Out of the Darkness: Into the Light
An Observance of Winter Solstice”*

Winter Solstice marks the shortest day of the year (in the Northern Hemisphere). Many cultures the world over continue to participate in ceremonies and services that have as their root an ancient fear that the failing light would never return. As shadows deepen and the nights seem longer, we can choose to see the Solstice either as a “day of deep darkness” or as a turning point in our lives. In a spiritual sense, it is a reminder that in order for a new path to begin, the old one must end. We release that which no longer serves us and open to receive even greater abundance and blessings.

About the Service

Donna leads this quiet, contemplative service where we embrace the stillness and deep peace that can seem so elusive during the busy holiday season. With song chants, readings, silent meditation and prayers at the candles we give ourselves the gifts of reflection and renewal as we step out of the darkness—into the light.

7:00 p.m. Service

6705 Charlotte Pike

Nashville, TN 37209

(615) 356-0174

www.cslnashville.org

JANUARY 2012

(Additional dates and events will be added)

FEBRUARY 2012

(Additional dates and events will be added)

****February 14, Tuesday**

10:30 a.m. – 11:45 a.m.

Workshop Presentation: “When Forgiveness Finds You”

Donna will be presenting a unique forgiveness workshop during this spiritual conference.
(See below for more information)

2012 Spiritual Living Convention—Connecting Spiritual Leaders Sheraton New Orleans Hotel February 12 – 17, 2012

Conference Preview from the ICSL Website:

Turn on some southern jazz, get ready for some gumbo and crawfish, and join us February 12-17 in one of the most culturally diverse and charming cities in America! The 2012 Annual Spiritual Living Convention will be a Grand Reunion and Celebration New Orleans-style at the Sheraton New Orleans Hotel!

This exciting conference is one you won't want to miss...During the 2012 Spiritual Living Convention we will host our annual business meetings and also offer incredible programming for those looking to grow in spiritual leadership, both personally, and within their communities. Whether you are a minister, board member, practitioner, or congregant of a center, we will connect in unity and harmony with workshops and sessions for everyone!

Go to: <http://spiritualconvention.csl.org/> for more information

Go to <http://spiritualconvention.csl.org/> to register

“When Forgiveness Finds You”

Who you were is not who you are, nor is it who you are becoming—unless you are still living in the energy of what was, what could have been, or what hasn't yet happened. What does it take to move forward? Forgiveness of others—and especially yourself—frees you to create the future you were meant to live. In this workshop we will explore how—and why—forgiveness is always ready to find you—when you are ready to be “found.” Say goodbye to what was—and even what is—and finally find the true you!

MARCH 2012

(Additional dates and events will be added)

****March 4, Sunday**

Unity Church for Positive Living

10:50 a.m. – 12:15 p.m. Celebration Service (Donna will be the guest speaker)

Workshop Presentation: “Finding Freedom in Forgiveness” (more details forthcoming)

4319 Saundersville Rd.

Old Hickory, TN 37138

(615) 847-7480

<http://www.unitynashville.org/>

**“Finding Freedom in Forgiveness”
An Introduction to Radical Forgiveness**

(More details about this workshop and how to register will be forthcoming)

These two hours truly have the potential to change your life forever as you gain new understanding about experiences of grief, hurt, heartache, betrayal or loss that may have touched your life. Learn how to let go of what was, accept what is, and embrace what can be! (See end of calendar for full explanation of this gentle, yet very powerful and effective workshop.)

*Donna is a certified Radical Forgiveness Therapy Coach, trained by author Colin Tipping (**RADICAL Forgiveness** www.radicalforgiveness.com)*

****March 21, Wednesday**

Center for Spiritual Living Nashville

7:00 p.m. Service

Taizé Meditation Service

“A Celebration of the Spring Equinox: Release, Renewal and Rebirth”

Donna leads this meditative, contemplative service that combines song chants, readings, meditative periods of silence, and prayers at the candles. As the Spring Equinox occurs, participants are invited to reflect upon the many gifts in our lives and prayerfully create space for new abundance, joy, and even greater blessings by releasing that which no longer serves us.

7:00 p.m. Service

6705 Charlotte Pike

Nashville, TN 37209

(615) 356-0174

www.nashvillecsl.org

(Additional dates and events will be added)

**Please see the next pages for more information about
Donna’s workshops, seminars, retreats, and individual
coaching sessions**

♥ Individual One-on-One Private Sessions ♥

Forgiveness Coaching and Spiritual Direction and Counseling

Donna is available to offer private individual sessions in forgiveness work as well as ministerial and spiritual direction and counseling. She is available in person, by phone or via Skype. This is a wonderful way to bring about release, peace and new freedom in your life.

To learn more:

Email us: Info@DonnaMichael.com

Call: 615.383.4989

Possibility Programs—*Live Your Limitless Life!* Workshops, Retreats and Seminars

Donna is the creator of **Possibility Programs—*Live Your Limitless Life!***—offering an exciting array of retreats, seminars and performances to help you access your unlimited potential and create new possibilities for every area of your life. To learn how Donna can share her music ministry and “Possibility Programs” with your church center or conference, contact:

Quarterlight Productions

Phone: (615) 383-4989

Email: info@DonnaMichael.com

Visit: www.DonnaMichael.com

As an ordained minister, practitioner, Radical Forgiveness coach, spiritual director and counselor, Donna inspirational messages, workshops and retreats have the power to touch, transform and empower listeners and participants to live from a vision of infinite possibility. With a signature style of grace, honesty, and deep compassion, Donna’s music inspires, heals and renews. Her well-known chants (such as “A Light in This World” “Join Together” and “One”) are sung at spiritual gatherings, churches, and conferences throughout the world to celebrate oneness and love, and her deeply meditative Taizé services, improvisational sacred dance, and personal concerts will open your heart to the greater truth of who you are meant to be!

**Donna invites you to be a part of a beautiful healing journey
as you claim, celebrate and live *your* limitless life!**

EmPowerTalks!

As part of the Possibility Programs vision, Donna has created a series of exciting five-minute inspirational messages called “EmPowerTalks” that she offers at spiritual centers, conferences, meetings, and special events. Contact our office to find out how five minutes can change your life forever!

“Possibility Programs” Workshops & Retreats

- ▶ **NEW: Soul Maps: Claiming Your Path of Passion and Possibility** (workshop)
(Discover how the life you’ve lived can be your Guide to Greatness!)
- ▶ **NEW: Somewhere in the Silence—The Courage to Listen** (workshop or retreat)
(Pause, breathe, and listen to the still small voice that beckons you to hear—and be—more.)
- ▶ **NEW: When Forgiveness Finds You** (workshop)
(Let forgiveness help you say goodbye to what was—even what is—and finally find the true you.)
- ▶ **NEW RETREAT: Be Still and Know...**
(Connection, Contemplation, Commitment, Celebration)
- ▶ **“Finding Freedom in Forgiveness” Series**
 - Radical Forgiveness Ceremonies
 - The Forgiveness Factor: Finding Freedom from the Burden of Beliefs
 - Seven Steps to Forgiveness
 - When Forgiveness Finds You
 - Feng Shui of Forgiveness
 - The Magic and Power of Forgiveness
- ▶ **“Divine Designing Your Dream Life”**
(Creating and Claiming the Life You Love to Live)
- ▶ **“One Mind One Heart—Growing in Consciousness & Love”**
(The Healing Power of Unified Consciousness)
(For Practitioners and In-Service Groups)
- ▶ **“This Feels Like Heaven—Embracing Blessings & Bliss!”**
(Live Your Purpose with Passion and Power)
(For Women)
- ▶ **“Girls’ Night Out!”**
(Connect, Create & Celebrate) (Retreat for Women)
- ▶ **“Stressed or Blessed?”**
(Renew & Reclaim Your Blessed Life) (Retreat)

Want to do your own thing???

Donna can specifically create a special workshop or retreat for your group’s vision and intention. Contact our office to learn more!

♪ Music and More...

- ▶ **Inspirational Music & Sacred Dance**
- ▶ **Taizé Meditation Services**
- ▶ **Concerts**
- ▶ **Music Workshops (See below)**
- ▶ ***Discover the Artist Within Creative Workshops***

♪ NEW MUSIC WORKSHOP ♪

“How to Write and Use Song Chants for Inspiration and Healing”

Facilitator: Rev. Donna Michael

Type of Workshop: Music Experiential

An experiential workshop for learning how to write and use song chants in services, retreats, special events, and for your own personal spiritual journey as a healing and motivational tool. We'll explore creative techniques, sources of inspiration, and options for expressing the song in your soul! **No musical experience necessary—also excellent for ministers, music directors, and workshop leaders.**

MORE versions of this workshop:

- ▶ **“Soul Songs of the I Am”**
- ▶ **“SoulSongs—Everyday Empowering Ways to Write and Use Song Chants for Inspiration and Healing”**

HERE'S HOW TO BOOK DONNA'S POSSIBILITY PROGRAMS RETREATS, SEMINARS and WORKSHOPS

If you would like to schedule special retreats and workshops
for your group, church, or organization:

Email us at Bookings@DonnaMichael.com or Info@DonnaMichael.com or
Call Quarterlight Productions in Nashville at (615) 383-4989.

Retreats and Workshops for WOMEN

Donna loves to create retreats and workshop just for women and specifically designed for your group's visions, intentions and needs. The possibilities are infinite, inspiring, fun and fabulous!

New workshops and retreats are always being added, so please continue to check back to see all the possibilities!

A Blissful and Fun Workshop Full of New Blessings!

“This Feels Like Heaven—Embracing Blessings and Bliss!”

Is it really possible to create and live your heaven here on earth? How do you move out (and up!) to a better (and higher) level of existence and experience your full potential right now? Learn how to identify and release “blocks to your bliss” and open to amazing new abundance, joy, and infinite blessings.

During this workshop, participants identify blocks to bliss, share their dreams and visions, create methods for moving forward to live those dreams and visions, enjoy dance and creative expressive movements, and participate in a sacred and gentle releasing ceremony. This workshop truly will empower you to fully embrace your blessings and bliss!

WOMEN'S RETREAT

“Finding Freedom in Forgiveness: Embracing Your Perfect Self”

What would it feel like to let go of hurt, heartache, grief and anger? How much lighter would your life—would you—be?

We have all known challenges and great change. Many of us have survived abuse, devastating loss, been abandoned or victimized. But—we need not live as prisoners of our past. Forgiveness can—and *does*—hold the key to letting go of pain. Your greatest challenge can become your deepest blessing.

Through activities such as gentle ceremony, creative expression (art), movement (yoga and dance), meditation, music, silence and sharing, we will journey from heartache to healing.

Together we will learn to reframe the past, transform ourselves, and create an amazing new future—by finding *true* freedom in forgiveness and embracing the perfect self that you already are!

Many of Donna's workshops and retreats can be designed and created just for your women's group! Find out how!

LEADERSHIP RETREATS

PRACTITIONER RETREAT!

(*Note:* This retreat is available for a variety of groups and can be specially designed for your specific needs and program formats.)

“One Mind One Heart: Growing in Consciousness and Love”

♥ Connection

♥ Contemplation

♥ Commitment

♥ Celebration

Would you like to create greater unity, increased communication, mutual support and renewed energy for you group at your church, business or other organization?

This very special retreat combines sacred ceremony, creative expression (singing, art, dance and free-form movement), personal and group visioning, meditation, renewal, reflection and fun!

Experience oneness and infinite possibility through unified consciousness.

Forgiveness

WORKSHOPS and SEMINARS

RADICAL Forgiveness Workshops & Ceremonies

“Finding Freedom in Forgiveness— An Introduction to Radical Forgiveness”

Donna is a certified RADICAL Forgiveness Coach and facilitates the incredibly empowering Radical Forgiveness Ceremony/Workshop. This is a life-changing experience that presents participants with an opportunity to look at, embrace and heal those events and circumstances that have created great pain, heartache, loss, and sadness in our lives.

These two hours have the potential to change your life forever as you experience a new understanding of the events and emotions that have touched your life and may have broken your heart. Includes a beautiful circle ceremony based on an ancient healing tradition. This non-verbal process preserves privacy and anonymity, is entirely non-threatening yet has proven to be extremely powerful and effective in allowing people to open up to forgiving themselves and others.

Embrace what can be, let go of what was, and experience the miracle and freedom of forgiveness.

*Workshop Fee: \$25 (unless otherwise listed).
It's helpful to bring a notebook & pen/pencil.*

“Seven Steps to Forgiveness”

This experiential workshop is for those who have participated in the Circle Ceremony and want to find even greater freedom in forgiveness. Learn how to release energy held within the body and open to deeper healing. Free yourself to create your expanded life!

(For more information about this *NEW* workshop, email Info@DonnaMichael.com)

MORE NEW FORGIVENESS WORKSHOPS

“The Forgiveness Factor: Finding Freedom from the Burden of Beliefs”

Facilitator: Rev. Donna Michael

Type of Workshop: Experiential

What would it be like to find freedom from hurt, heartache, grief, loss and anger? How do hand-me-down generational “mis-beliefs” hold us back from living our true potential? Learn how forgiveness lets what you have experienced become a blessing instead of a burden. Through movement, sharing, a process of re-visioning, and the techniques of Radical Forgiveness, participants will be guided to identify and release patterns of “mis-beliefs” that have out-pictured as emotional challenges and crises in their lives. Let go of living from “mis-beliefs” that no longer need to lead your life!

“When Forgiveness Finds You”

Facilitator: Rev. Donna Michael

Type of Workshop: Experiential

Who you were is not who you are, nor is it who you are becoming—unless you are still living in the energy of what was, what could have been, or what hasn’t yet happened. What does it take to move forward? Forgiveness of others—and especially yourself—frees you to create the future you were meant to live. In this workshop we will explore how—and why—forgiveness is always ready to find you—when you are ready to be “found.” Say goodbye to what was—and even what is—and finally find the true you.

If you would like to schedule this event for your church or organization, email Bookings@DonnaMichael.com or call Quarterlight Productions at (615) 383-4989. To learn more about RADICAL Forgiveness, visit www.RadicalForgiveness.com

Children's Workshops

► **Don't Laugh At Me—
I'm Perfectly Perfect!**

(What to Do When Bullies Bug You)

► **The Greatest Gift—What's Your Present?**

(Unwrap your hidden talents!)

Donna is available to present a very unique children's workshop to churches and schools that is especially helpful when the school year or social challenges them to make new friends and "fit in."

“Don't Laugh At Me’—I'm Perfectly Perfect!”

(What To Do When Bullies Bug You)

Have you ever been made fun of?
Have you ever made fun of anyone?

It doesn't feel very good, does it? How do we learn to accept and see ourselves and others as God sees us—perfect just as we are?

This special children's workshop is led by recording artist, teacher, speaker, ordained minister, practitioner and Radical Forgiveness coach Donna Michael and provides an opportunity for children to share experiences and feelings about acceptance, tolerance and uniqueness of self and others. Visual art and music activities as well as role-playing provide fun, new awareness and understanding for children. Based on the popular song, "*Don't Laugh At Me*," recorded by Donna and written by Steve Seskin and Allen Shamblin.

HOW TO BOOK THIS WORKSHOP or LEARN MORE...

If you would like to schedule this workshop for your church or school learn about other workshops OR have Donna create a workshop specifically for your group, email Bookings@DonnaMichael.com or call (615) 383-4989 for more information.

More about Retreats...

Donna offers retreats and seminars on a variety of topics, often inviting additional guest instructors whose areas of expertise are featured in conjunction with Donna's workshops and special music.

These seminars may include yoga and relaxation techniques, creative studies, readings and group discussions, and even singing, dance, and visual art activities. Specially tailored for adults (or exclusively for women) in the form of one day, half-day, two hour and/or weekend retreats as well as ongoing classes, these events present an exceptional opportunity to expand your self-awareness and explore your untapped potential to create and experience a more abundant, joyous and stress-free life.

These retreats are offered to business or civic groups, Hospice and other caregivers, to those interested in wellness and well being, and for those seeking to reduce stress in any area of their lives. They can also be specifically tailored for individual group needs as well as seasonal topics such as holiday stress.

If you would like to schedule any of these events for your group, church, school, organization or business, or you would like additional information:

Email: Bookings@DonnaMichael.com

or

Info@DonnaMichael.com

Call: (615) 383-4989

To learn how Donna can share her music ministry and "Possibility Programs" with your church center, group, or conference, contact:

Quarterlight Productions

Phone: (615) 383-4989

Email: info@DonnaMichael.com Visit: www.DonnaMichael.com
